Sophomores-Serve

Sophomores-Serve is a three-semester program that provides CHC students with hands-on learning and practical skills for engaging with the public. This program focuses on the links between science and public policy.

Using the food environment as a stepping stone, students explore the questions:

- How does where we live influence what we eat?
- What determines the availability of healthful foods in our communities?
- What options do we have as engaged scholars to facilitate changes in a local community and beyond?

Living + Learning

Students who are selected to be in “Soph-Serve” will have the first chance to select into designated suites on a floor in Maple Hall in the Commonwealth Honors College Residential Community. Soph-Serve students will choose a roommate among those who are in the program. The remaining spaces in the suite will be available for other CHC students who are not in Soph-Serve to choose through the standard room selection process.

The Service

Students work individually or in small groups to explore connections between service, research, and public policy. There are options among the service sites and service projects to provide experiences that have a connection to the food environment, such as housing, transportation, food marketing or farming practices. Students will complete 30 hours of community service each semester of their sophomore year.

Eligibility

The program is offered to current first-year CHC students of any major. This program is a great match for students interested in public policy, science, and issues related to the food environment.

Application
The application period closed on **January 11, 2016**.

**Questions?**

Please contact Melissa Woglom, director of student programs at Commonwealth Honors College, at [melissa@honors.umass.edu](mailto:melissa@honors.umass.edu) or 413.577.3909.

**The Courses**

“Soph-Serve” courses are led by Lisa M. Troy PhD, assistant professor in the School of Public Health and Health Sciences and Commonwealth Honors College professor in nutrition, who draws upon her experience in the U.S. Senate and with public health programs. Students enroll in the following course sequence:

**Related Courses:**

- [Sophomores-Serve Seminar](#)
- [Learning through Community Engagement: A Focus on the Food Environment](#)
- [Honors 391AHH Sophomores-Serve](#)

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